



Discipline of Psychotherapy FORUM

“Ecological Identity - Implications for Practice”

Presented by

John Seed

The term “ecological identity” is placed within the paradigm of *deep ecology*, a term coined by Arne Naess, professor of philosophy, Oslo. Ecological identity describes human identity as being interconnected and interdependent with nature and all life-forms. This paradigm is in stark contrast with the dominant Western paradigm of identity that still essentially sees human beings as separate from Earth and exploiting Earth’s resources. John Seed and increasingly many others challenge this anthropocentric, ie human centred, world view. We may agree with this stance privately, but remain in doubt as to how to include this new/old/indigenous paradigm into our clinical practice as psychotherapists, counsellors, psychologists and other health care and educational practitioners. John will address this and other questions in his evening talk ([no charge to workshop participants](#)) and in much deeper ways, in his workshop the next day.

Venue:	AJ108 North Shore Campus Akoranga Drive, Northcote.
Date and time:	Thursday 23 of March, 7.30pm – 9.00pm
Cost:	\$10 waged; \$5 student or unwaged (with ID) Tea/coffee provided Pay at the door, cash only, please.

John Seed has written and lectured extensively on deep ecology and ecopsychology. In 1995 he was awarded the Order of Australia Medal (OAM) by the Australian Government for services to conservation. Notable publications include: John Seed and Joanna Macy (1988). *Thinking like a mountain* and many others, see: www.rainforestinfo.org.au/deep-eco/seed.htm ,
Rainforest and Psyche www.rainforestinfo.org.au/deep-eco/rfpsyche.htm 2001
The Ecological Self www.rainforestinfo.org.au/deep-eco/Earthlight5.htm 2005