

EARTH, SPIRIT, ACTION with John Seed

an experiential deep ecology workshop in NORTH SYDNEY Sat 2, Sun 3 July 9am – 5.30pm \$200 / \$100

Human identity exists at the intersection of the ancient cycles of air, water and soil. In spite of the pervasive illusion of separation, in reality no separation is possible between nature and ourselves. Arne Naess, Emeritus Professor of Philosophy at Oslo University, suggested that what is needed are community therapies "healing our relations to the widest community, that of all living beings". By acknowledging our interconnectedness we invite the spontaneous healing of the psyche.

In this workshop we participate in a series of processes and rituals informed by those used by indigenous peoples throughout time.

Using personal sharing, experiential deep ecology and creative exercises, we will dissolve the separation between the persons and the planet. Vision and empowerment arise naturally from realigning ourselves with the living earth.

John Seed bio: www.rainforestinfo.org.au/deep-eco/johnseed.htm

Proceeds will benefit the reforestation of the sacred mountain Arunachala in South India www.rainforestinfo.org.au/video/shiva_v.html.

For more information or to book a place johnseed1@ozemail.com.au