DEEP ECOLOGY

Environmental Inspiration with **Deep Ecologist [John Seed](#)**

Workshop 1: Climate Change, Despair and Empowerment
Saturday 29 October 10am – 6pm, Henley Beach, Adelaide

This workshop helps to **honour the pain** that we feel for the Earth and better position us to positively attend our earth's challenges. We are conditioned to repress feelings of grief, fear and anger and avoid their expression. This takes a heavy toll and causes us to burn out, shut down, become ineffectual or burdened by quiet despair.

Yet feelings are an important part of our intelligence. For billions of years our pre-human ancestors used feelings alone to determine what was dangerous, and natural selection honed the accuracy of these feelings at every turn. Thinking augments but does not replace this intelligence. Without robust feelings, thinking is shallow and lacks authenticity and passion

Workshop 2: The Council of All Beings
Sunday 30 October 10am – 6pm, Willunga

Vision and empowerment arise naturally from realigning ourselves with the living Earth. In this workshop we participate in a series of **processes and rituals** informed by those used by indigenous peoples throughout time to deepen our felt connection with the natural world.

Human identity exists at the intersection of the ancient cycles of air, water and soil. In spite of the pervasive illusion of separation, in reality no separation is possible between nature and ourselves. Arne Naess, Professor of Philosophy at Oslo University, suggested that we need community therapies 'healing our relations to the widest community, that of all living beings'. The Council of All Beings was John Seed and Joanna Macy's response to this challenge.

Cost $140 for one workshop, **$220** for both. **Contact** Jeff Jeffsimmons@adam.com.au 08 8556 4868 or Nicole nicnik@internode.on.net 08 8355 1527 re financial support, early bird, group and green transport concessions and billeting in both Willunga & Southwest Adelaide. All proceeds to benefit climate action and nature conservation.