



# Deep Ecology

THE WORK THAT RECONNECTS

Rumbalara Retreat, Holgate, Central Coast  
October 6-8

Human identity exists at the intersection of the ancient cycles of air, water and soil. In spite of the pervasive illusion of separation, in reality no separation is possible between nature and ourselves. By acknowledging our interconnectedness we invite the spontaneous healing of the psyche. Using personal sharing, experiential deep ecology and creative exercises, we dissolve the separation between person and planet. Vision and empowerment arise naturally from realigning ourselves with the living Earth.

This residential workshop (Friday night through Sunday afternoon) will explore the dynamic between social and ecological identity and introduce participants to experiential processes which nourish ecological identity and allow us to strengthen our felt-sense of connection to the Earth. Sliding scale \$300 - \$150. All proceeds to , Los Cedros Biological Reserve, Ecuador

Bookings [johnseed1@ozemail.com.au](mailto:johnseed1@ozemail.com.au)

**John Seed: author, filmmaker, lecturer, activist and founder of the [Rainforest Information Centre](#)**

John has written and lectured extensively on deep ecology, conducting Council of All Beings and other re-earthing workshops world wide for 30 years. With Joanna Macy, Pat Fleming and Arne Naess he co-authored 'Thinking Like a Mountain: Towards a Council of All Beings', (translated into ten languages). In 1995 John was awarded the Order of Australia Medal (OAM) for services to conservation and the environment.